



Feliz Navidad!

Newsletter 16th December 2022



Reception Mrs. Smith

★ Pupil of the Week is Albert Greenwood for showing perseverance when learning to write his name.

Reception children were excellent in their performance this week. We hope that all who attended enjoyed it. We had a great Christmas party and even got a visit from Santa!

Year 2 Miss Cameron

Pupil of the Week is Freddie Cooke for taking extra care with his writing and always looking for ways to improve his work.

There will be no Forest Friday until the New Year now. I will monitor the weather on the first week back and let you know via Class Dojo whether or not it will go ahead.

Year 5 Miss Hird and Mrs. Brown

★ Pupil of the Week

Pupil of the Week is Kayden Johnson for persevering with his sculpture to the end.

Key Stage 2 have their party on Monday and they can come to school dressed in their party clothes.



Nursery Miss King



Pupil of the Week is Darcie Starkie-Ferguson for working hard to make a really long paper chain.

Year 1 Miss Crampton



Pupil of the Week is Amelia Taylor for being resilient with her writing in English.



Year 3 Miss Gregg



Pupil of the Week is Cole Iddon for his progress and motivation across all subjects.



Year 4 Miss Prosser

Pupil of the Week is Vern McLaren- Hemmings for always working hard and settling in really well in her new class.

Year 6 Miss Denham



Pupils of the Week

Pupils of the Week this week are Olivia King, Tarleea Kennedy, Kyle Hart and Lewis Cain for their enthusiasm when playing the main characters in the school performance.



Be Considerate to our neighbours



Please leave our
neighbours pathways
and driveways clear.



Safer Parking
around our school



We care about our neighbours, please, never park across driveways or on corners or junctions.

As a driver you have a responsibility to park in a safe and considerate manner.

Park with care and help make the area near and around our school a safer place for everyone.



Walking, cycling or scooting to school contributes to the recommended daily physical exercise for you and your children.

It also helps to **reduce congestion** around school and **improves air quality**, providing benefits for everyone.



Fewer cars at the school entrance will help make it safer for everyone

What you could do instead....

- ✓ Try walking, cycling or scooting – even if its just one day a week, it can make a big difference.
- ✓ If you need to drive your child to school, consider parking away from school and walking the remainder of the way or car share with other families.



For more advice visit our website

www.durham.gov.uk/schoolparking



School News

Dates for your diary:

- Break up for Christmas Tuesday 20th December 2022
- Return to school **Thursday** 5th January
- Break up for half term Friday 17th February 2023
- Return to school Monday 27th February 2023
- Break up for Easter Friday March 31st 2023
- Return to school 17th April 2023
- Break up for half term 26th May 2023
- Return to school **Tuesday** 6th June
- Break up for summer holiday Friday 21st July 2023

Statutory Test Dates

- Year 1 Phonic screening checks (including Year 2 resit checks) begin week commencing Monday 12 June 2023.
- Year 2 SATs will be administered during May 2023.
- Year 4 Multiplication Tests week beginning multiplication tables check within the 3-week period from Monday 5 June 2023.
- Year 6 SATs week beginning Monday 8 May to Thursday 11 May 2023.

We break up for the Christmas holidays on Tuesday 20th December. Children will return to school on Thursday 5th January.

Warm Spaces

Warm Spaces are somewhere you can go to get warm, stay warm and enjoy a little company. In some, you'll also be able to get refreshments.

With many people feeling the pressure because of increased energy costs and the rising cost of living, Warm Spaces network aims to support residents across County Durham this winter.

Warm Spaces are free and will let you stay for as long, or for as short a period as you wish (within their opening hours).

Please see link below for more information

[What Warm Spaces are, why we need them and how to find them - Durham County Council](#)

Special Educational Needs and Disabilities (SEND) Updates

Upcoming Events and Information

Most upcoming events are being advertised on social media [Durham SEND Information, Advice, Support Service | Facebook](#) This is the link to the page and there is also an Autism Hub group [Durham SENDIASS Autism Hub | Facebook](#) which promotes not just the Autism Hub events, but also other events going on across the county.

There is a mailing list for parents/carers to join. To become part of the mailing list, email: ann.connor@durham.gov.uk and ask to be added to the mailing list. You will then get any information emailed directly to you.

SEND Review Meetings

If you were unable to make the SEND reviewing meetings on Monday 21st November, please contact your child's class teacher on Class Dojo to arrange a suitable time to review your child's support.

SEND Information Event

Thank you to all of the parents/carers who attended our SEND network and information evening. We will be holding more events next year. Please keep an eye out on Class Dojo and the newsletter for more information.

SEND Questionnaire Autumn Term 2022

The Special Educational Needs Coordinator (SENCO) would really appreciate your views on the provision for your child. Please complete the questionnaire below and let us know what you think. Please contact the SENCO directly if you have any further concerns.

Please complete this via the link below, or scan the QR code. We really appreciate your feedback.

<https://forms.office.com/r/UxX8uMKsfD>

SEND Questionnaire for Parents/Carers Autumn Term 2022



NHS – new parent and carer support line

Research shows that 50% of all adult mental health problems start before the age of 14 and 75% start before the age of 21. Improving the emotional wellbeing of our children is a key part of supporting the wellbeing of our entire population. Because of this we've developed a confidential parent and carer support line to provide a listening ear for those who feel they would like some help and guidance.

If you feel you'd like to speak to one of our qualified counsellors, call us on 0333 3583040

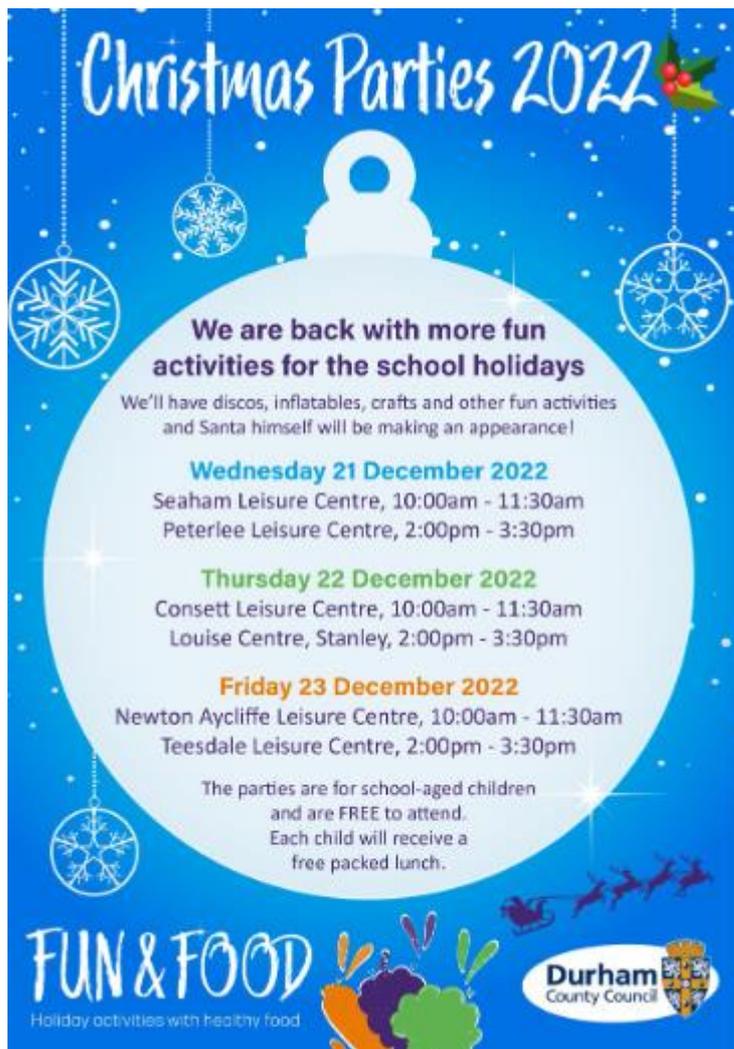
We're taking call from Monday – Friday between 10am – 2pm

You're also welcome to leave a message outside of these hours to request a call-back during our opening times.

It's important to note this service is not a crisis line, if you are in crisis, call 111 or 999

Fun and Food

Christmas Fun and Food activities are now being loaded onto our Fun and Food landing page at www.durham.gov.uk/funandfood, we will be uploading more activities daily so keep visiting to see what's new.



This May Help

This May Help has been created to support parents and carers with concerns about their child's mental health.

The subjects covered on this website have been chosen by families and young people who have gone through their own mental health challenges. What helped them may also help you.

The films offer advice across six main subject areas, with ten additional films offering supporting information. The films can be viewed in any order at any time.

Each film has a dedicated page where you'll also find helpful advice and links to other resources.

www.thismayhelp.me

The Oliver McGowan Mandatory Training on Learning Disability and Autism

The training is named after Oliver McGowan. Oliver was a young man whose death shone a light on the need for health and social care staff to have better skills, knowledge and understanding of the needs for autistic people and people with a learning disability.

The training was developed as a result of Right to be Heard the Government's response to the consultation on mandatory training on learning disability and autism for health and social care staff.

The training is for:

- Health workforce
- Social care workforce
- Family, parent, sibling carers and personal assistants of people with a learning disability and autistic people

- Any person who requires a general awareness of people with a learning disability and autistic people

www.e-lfh.org.uk/programmes/the-oliver-mcgowan-mandatory-training-on-learning-disability-and-autism/

Short Breaks Solutions – Christmas 2022

Christmas 2022

Short Breaks Solutions are working in partnership with Fun and Food to develop inclusive opportunities for your children and young people with special educational needs and/or disabilities.

Booking is essential. Please email- Shortbreakssolutions@durham.gov.uk
Places are limited and open to school aged children & young people.

<p>Creative Kitchen</p>  <p>21st December 11:00am- 1:30pm Consett</p>	<p>Infinite Air</p>  <p>22nd December 4:30-5:30pm Belmont, Durham</p>	<p>The Fish Tank</p> <p>Fully Booked</p>
<p>Tiny Treasures</p>  <p>22nd December 10:00- 11:30am 29th December 10:00- 11:30am Seaham</p>	<p>Haystax</p>  <p>28th December 11:00am -1:00pm Lanchester</p>	<p>Eric Knows</p>  <p>30th December 09:30-12:30am 1:00-4:00pm Horden</p>

FUN & FOOD
Holiday activities with healthy food
Funded by the Department for Education

Rollercoaster – December diary dates



Rollercoaster December 2022 Diary dates

For families supporting a child or young person (up to 25 years) with emotional or mental health difficulties

			What's on	More information	Venue
Weds 7 th Dec		10-12pm	Parent Support Group	Support, information, advice on a range of topics around mental health with a parent peer supporter & CAMHS Nurse.	Box 6, Durham County Cricket Ground Chester le Street DH3 3SH
Weds 14 th Dec		6-7.30pm	Virtual Parent Support Group	Support, information, advice on a range of topics around mental health with a parent peer supporter, SEND IASS & CAMHS Nurse	Online (Zoom)
Weds 21 st Dec		5-7pm	Parent Support Group	Support, information, advice on a range of topics around mental health with a parent peer supporter & CAMHS Nurse	Four Clocks Centre, 154A Newgate St, Bishop Auckland DL14 7EH

Facebook Community
 Closed Facebook group - Rollercoaster closed Facebook Group is a safe space for parents to access support from other parents at any time

Individual Support
 Talk to a Parent Peer Supporter - Book a 1:1 support session with a Rollercoaster Parent Peer Supporter who has been through similar experiences

Holiday Hours
 Rollercoaster staff will be taking a break over the holiday period, we will be closed from 22nd December – 4th January 2023.
 Please take a look on our Facebook group for support over the holidays
<https://www.facebook.com/groups/1601632260084760>

The first support group in the New Year is **Wednesday 4th January 2023 10am**



 07377 213952
  support@rollercoasterfs.co.uk



Wellbeing for life - Training Calendar January - March 2023

Our Winter training calendar is here!

All of our training is fully subsidised for anyone living or working in County Durham.

Take a look at what's on offer and book your training today via our website:

<https://www.wellbeingforlife.net/training-courses/>

Tips for the festive season from autistic young people:

Check out the website below, which was recommended by the ASC Team, for tips for the festive season from autistic young people:

<https://www.ambitiousaboutautism.org.uk/about-us/media-centre/blog/tips-festive-season-autistic-young-people>